

# Family and Children Law Services



[www.bowlinglaw.co.uk](http://www.bowlinglaw.co.uk)



# Family Law **Welcome**

[www.bowlinglaw.co.uk](http://www.bowlinglaw.co.uk)

Bowling & Co advises clients based in London, the UK and overseas on a wide range of family law issues. Our team comprises of highly experienced and skilled solicitors who are always on hand to guide and support you throughout the process.

We fully appreciate that legal terminology can be confusing and pride ourselves on offering clear, concise and jargon free advice.

The breakdown of any relationship is a distressing and emotional experience. It can have wide ranging implications particularly in relation to any children and financial matters.

We aim to deliver decisive and cost-effective advice from the very outset of your matter to assist you in fully understanding the options available to you. By taking this pragmatic and human approach we can advise you whether direct negotiation, mediation, court proceedings or a combination of all three is the most appropriate for you. We are also able to provide advice on how to take steps to ensure these issues do not arise in the future.

We are mindful that legal costs can be expensive. We offer a competitively priced service, without compromising on quality. We ensure your costs are managed closely and keep you regularly informed about the estimated cost of your case. We may also be able to apply for legal aid to assist those clients who are able to satisfy the evidential requirements and pass a financial eligibility test.



*“Your staff are a credit to your firm. I am grateful for the support I received from Bowling.”*

Miss Mahaka  
Client

Whether you require us to assist you in negotiations or to represent you in proceedings our team are equally able to adopt a conciliatory or more robust approach dependent on your needs.

*We are able to advise on a broad spectrum of family and children law issues including:-*

- Domestic Violence
- Relationship Breakdown
- Divorce and Separation
- Matrimonial Finances
- Pre and Post Nuptial Agreements
- Separation Agreements
- Cohabitation Disputes
- Contact with children
- Residence of children
- Child Arrangements Orders
- Parental Responsibility
- Specific Issues in relation to children (for example, an application for removal from the jurisdiction or change of surname)
- Prohibited Steps Orders in relation to children (preventing a party from undertaking certain activities in relation to children)
- Child Abduction
- Care Proceedings

Should your case require it we also work closely with barristers and external organisations to ensure that you receive a fully supportive service to obtain the best possible outcome for you.

Our solicitors are members of Resolution, who promote dealing with family issues in a constructive and non-confrontational way and ensure their members adhere to a code of practice.

# Family Law Team

[www.bowlinglaw.co.uk](http://www.bowlinglaw.co.uk)

## Our Family Law team

For more information, please contact any member of the team.



### Martin Real

*Head of Legal Aid Family matters  
Resolution Accredited Specialist*

t 020 8221 8066  
e [martin.real@bowlinglaw.co.uk](mailto:martin.real@bowlinglaw.co.uk)



### Habibur Choudhury

*Senior Associate Solicitor*

t 020 8221 8070  
e [habibur.choudhury@bowlinglaw.co.uk](mailto:habibur.choudhury@bowlinglaw.co.uk)



### Zafrin Haque

*Solicitor*

t 020 8221 8071  
e [zafrin.haque@bowlinglaw.co.uk](mailto:zafrin.haque@bowlinglaw.co.uk)



### Justin Tufuor

*Senior Paralegal*

t 020 8221 8035  
e [justin.tufuor@bowlinglaw.co.uk](mailto:justin.tufuor@bowlinglaw.co.uk)



### Dana Abdullah

*Paralegal*

t 0208 221 8069  
e [dana.abdullah@bowlinglaw.co.uk](mailto:dana.abdullah@bowlinglaw.co.uk)



Banking and Finance | Commercial Property | Corporate | Dispute Resolution | Healthcare  
Employment | Family and Children | Private Client | Property Litigation | Residential Property  
Bowling & Co Solicitors are Authorised and Regulated by the Solicitors Regulatory Authority. SRA number 70024.  
62 Broadway, London E15 1NG Telephone 020 8221 8000 [www.bowlinglaw.co.uk](http://www.bowlinglaw.co.uk)